

Helping Safely

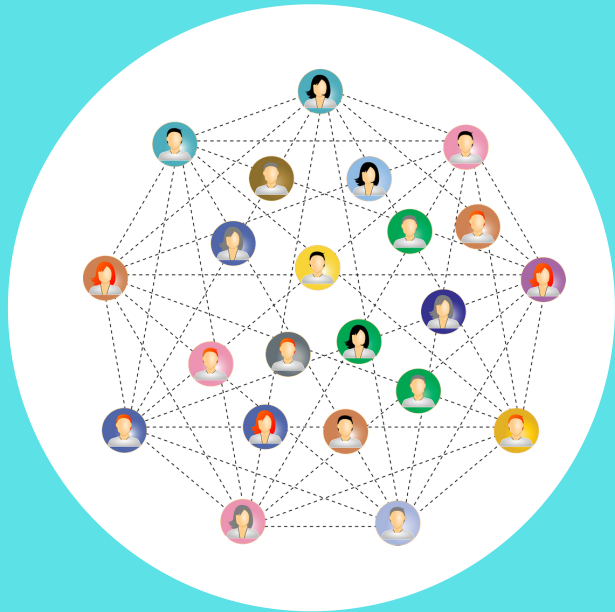


Think Safety

Don't put yourself or anyone else in danger.

Don't share information about other people without consent.

Do observe Food Hygiene and Data Protection rules.



Trusted Networks

Help people you have a connection with. Keep support groups small and local.



Break the Chain

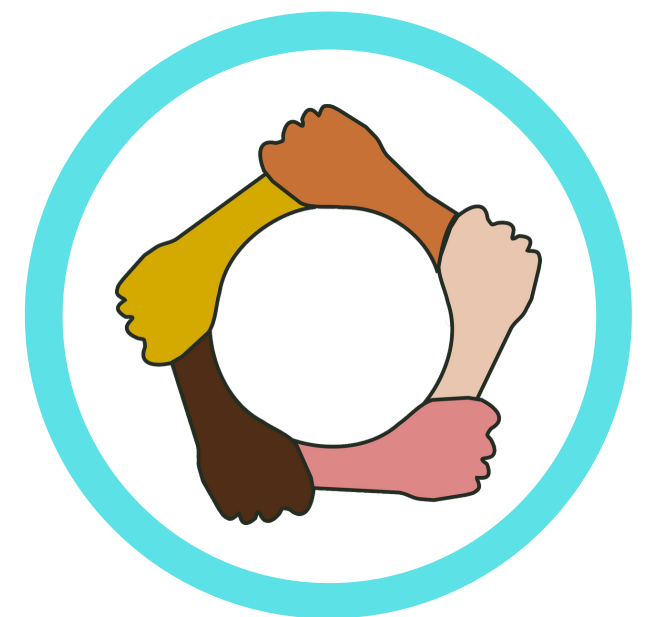
Follow Government advice to avoid catching or passing on the virus.



Be Cautious

Don't share sensitive information like bank details.

Be careful who you tell about your situation.



Trusted Helpers

Only accept help from a trusted source. Stick to small local support groups or contact a trustworthy organisation for advice.

Getting Help Safely



Our Neighbourhood Network

April 2020. Images courtesy of Pixabay.

kate.eastment@alliancehomes.org.uk. 07813 526342

